

James M. Russell, D.C., F.I.C.C.: Quiet Leadership

JOSEPH C. KEATING, Jr., Ph.D., Litt.D.(hon)*

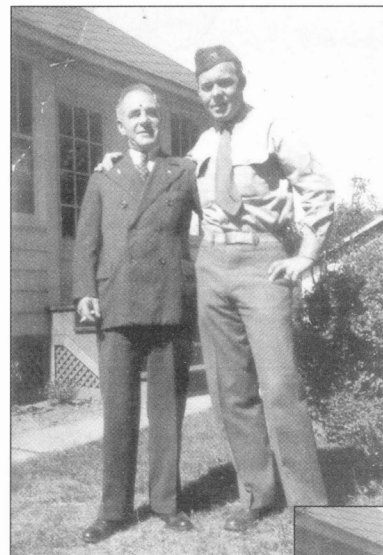
Dr. James M. Russell occupies a unique position in the history of the profession. A 1948 alumnus of the Texas Chiropractic College (TCC), he practiced in Freeport, Texas for more than three decades and served as mayor of this coastal city for several years. He joined the board of the newly chartered governing body of the college, the TCC Foundation, Inc., in 1955 and continued in this form of service to his alma mater for thirty years. During 1960-1977, he was chairman of the board; and in this capacity supervised the school's 1965 relocation from San Antonio to its current campus in Pasadena. He guided the school to acquisition of federally recognized accreditation, oversaw the appointments of two college presidents, and lent his business and political acumen during extremely lean financial times for the institution. As well, Dr. Russell was the driving force behind the TCC's Hall of Honor, and he was a co-founder of the Association for the History of Chiropractic. Now in his eighty-third year, he continues his membership in the TCC Alumni Association and is providing invaluable assistance in the preparation of a history of the TCC.

Budding Chiropractor

The chiropractic profession has known numerous leaders with large egos and bellicose rhetoric. On 19 July 1923, however, a different sort was born in Orange, New Jersey to James and Agnes Russell. James M. Russell was destined to exert a quiet but effective influence on the profession, and one with lasting impact.

Jim grew up in the rural township of Livingston, New Jersey and graduated from West Orange High School in 1942. Although family members were not chiropractic patrons, Jim was aware of the profession from a buddy whose uncle and cousin were D.C.s. His pal's stated intention was to become a chiropractor, and the two "had much discussion about this new, to me, form of healing" (1). However, any vocational aspirations they may have had would be placed on hold. America had recently entered the war against Japan and Nazi Germany, and Jim was drafted into the Army in January 1943 (2). Like so many young men of that era, his combat experience would encourage an early maturation and a can-do attitude that would last a lifetime.

After basic training at Fort Lewis, Washington and maneuvers in the Mojave Desert, his artillery unit was shipped to England. Jim arrived in France four days after the historic landings on the beaches of Normandy and



Jim Russell and his dad, September 1943 (courtesy of Dr. Russell).



Jim Russell's father, sister Nancy, Jim and his mother, September 1943 (courtesy of Dr. Russell).

© 2005 Association for the History of Chiropractic.

*Address correspondence to Joseph C. Keating, Jr., Ph.D., National Institute of Chiropractic Research, 6135 N. Central Avenue, Phoenix, AZ 85012, USA; e-mail: JCKeating@aol.com.



Private Russell on the way to Normandy, France, shortly after D-Day, 1944 (courtesy of Dr. Russell).



Jim Russell (right) during the Battle of the Bulge, 1944 (courtesy of Dr. Russell).

saw nearly continuous combat for the next eleven months. He was one of those legendary “battered bastards of Bastogne.” Honorably discharged on 30 November 1945, he returned to his family’s home in Livingston and contemplated his future.

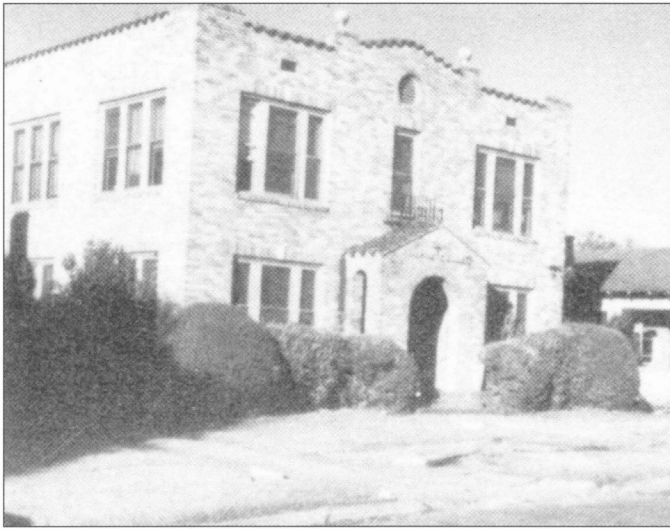
Chiropractic was still on his mind as he considered a career choice. Jim recalls that he and his high school chum had

...planned to enroll in the Texas Chiropractic College together, but about a week or so before we were to leave for San Antonio, he changed his mind. He is now a practicing attorney in New Jersey. I enrolled at Texas Chiropractic College in April 1946 to begin a career about which I knew absolutely nothing. Within a month or so after starting classes, thanks to the late Drs. Jim and C.W. Drain, Drs. Weiser, Loftin and Turley, I realized I had found what I wanted to do with the rest of my life. How many times since 1945 have I thanked God and my boyhood chum for bringing my attention to this great work (3).

In 1946 the Texas Chiropractic College (TCC), then in its thirty-eighth year (4), was still a small, proprietary institution which had been owned since the 1920s by James R. Drain, D.C., Ph.C.; H.E. Weiser, D.C., Ph.C.; and C.B. Loftin, D.C. The institution had struggled through the lean years of the Great Depression and World War II and was enjoying a brief surge in enrollments as veterans returned and exercised their G.I. benefits to study chiropractic. However, pressures were mounting to bring the school into the reform initiatives of the National Chiropractic Association (NCA) and its director of education, John J. Nugent, D.C. By the time Jim Russell earned his chiropractic degree in December



Administration building of the TCC, 1948.



Faculty and x-ray offices at TCC, 1940.

1948, the decision had been reached that the TCC would be purchased by its alumni association and be converted to non-profit status. This move would make it eligible for membership in and accreditation by the NCA's newly formed Council on Education (precursor of today's CCE).

The future Dr. Russell enjoyed his student days at TCC, but would recall in later years that the institution was "a diploma mill." He was active in the Delta Sigma Chi fraternity, served as president of his graduating class (5), and made many friendships that would last a lifetime, perhaps most especially that of classmate Otis F. Thomas (future co-founder of the International College of Applied Kinesiology). Not satisfied with his clinical training, he applied for and accepted Leo Spears, D.C.'s invitation (6) to serve an internship at the Spears Hospital in Denver. He recalls that this "was an experience of great value to me in my private practice, as I observed and treated cases that I would not likely see in my private practice. It was also a great source of confidence for me when I did begin my own practice" (7).

Civic Service

Dr. Russell resigned from Spears Hospital in April 1949 and established an office in the coastal city of Freeport, Texas, where he would practice for several decades. He married Sammie Charles Jackson in December 1951, and the couple adopted a son. Jim



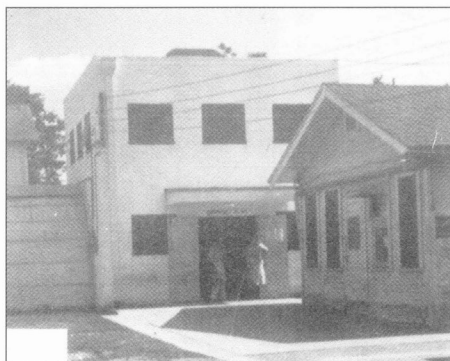
Dr. Jim Drain, president and co-owner of Texas TCC, circa 1940.



Dr. Herbert E. Weiser, dean and co-owner of TCC, circa 1940.



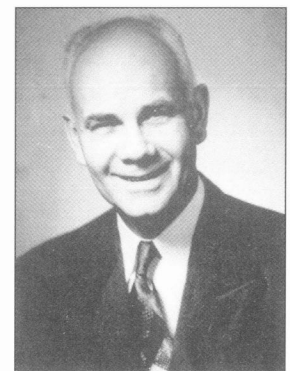
Dr. C.B. Loftin, vice president and co-owner of TCC, circa 1940.



Dissection and chemistry laboratories at TCC, circa 1940.



Dr. Julius Troilo, faculty member at TCC, circa 1940.



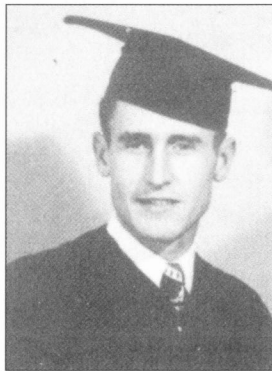
Dr. Herb Turley, faculty member at TCC, circa 1955.



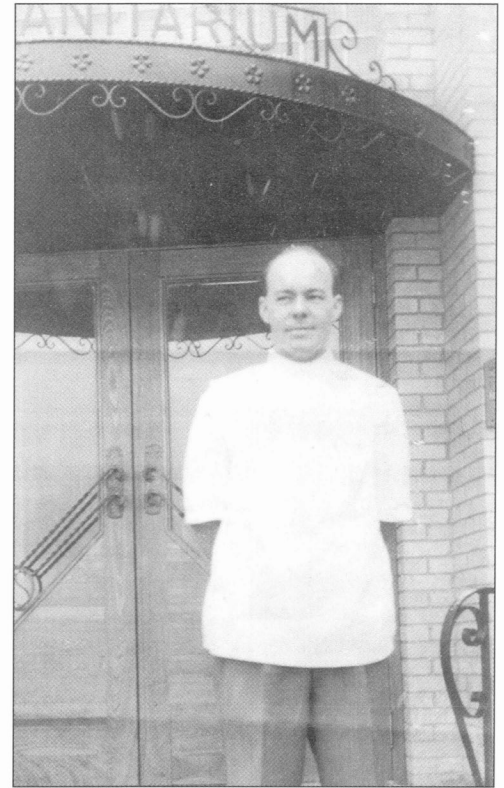
Jim Russell in drag, 1947, part of his fraternity initiation (photograph courtesy of Dr. Russell).



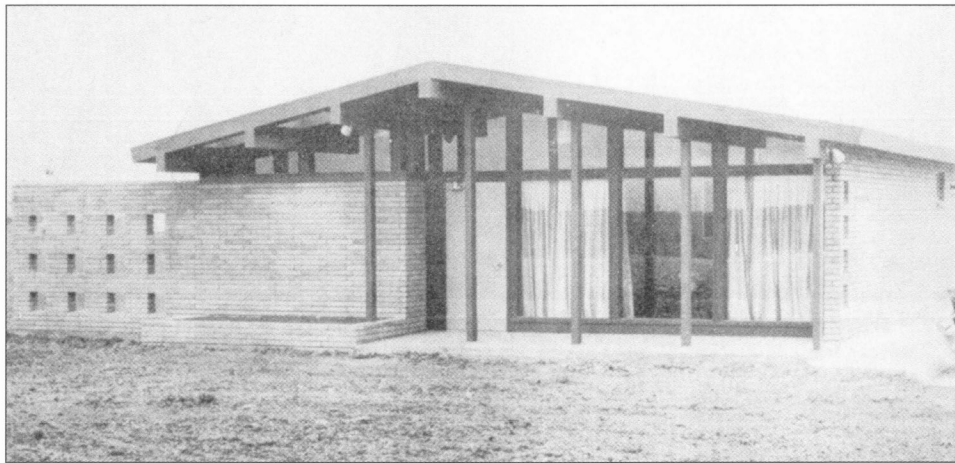
James M. Russell, 1948.



Otis F. Thomas, 1948



Dr. James Russell, intern at Spears Chiropractic Hospital in Denver, 1949 (courtesy of Dr. Russell).



The TCC News Letter offered this image of Dr. Russell's new clinic in its August 1956 issue.

became very active in his community; in later years, he summarized this involvement:

During my twenty-nine years as a resident of Freeport, I have had many opportunities to serve my community in a civic way. I have served on the Velasco Tax Board of Equalization, was elected a councilman and later Mayor of the City of Velasco. (Velasco consolidated with Freeport in 1957.) I was the last Mayor of Velasco and the first Mayor of

the newly consolidated cities, serving as Mayor of Freeport from 1957 to 1959.

I have also served as President of the Brazosport Chamber of Commerce and was named its "Outstanding Citizen" in 1957. I have also served as President of the Freeport Kiwanis Club, the Velasco Elementary P.T.A., the Freeport Pee Wee, Little League and Teenage Baseball Associations. My last civic

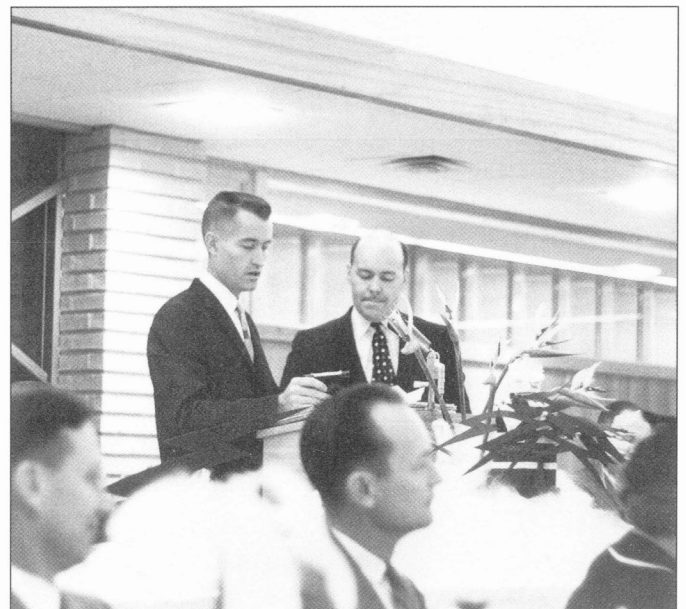


His Honor, Mayor James Russell (far left), presides over the final meeting of the Velasco City Council in February 1957, just prior to Velasco's merger with Freeport, Texas (courtesy of Dr. Russell).

office was serving as Chairman of the Freeport Urban Renewal Agency from 1969 through 1976 (8).

Service to the Alma Mater

The 1948 sale of TCC to the college's alumni association created multiple problems for the institution. The association struggled to meet the financial terms of the sale, a strain that would last some fifteen years. As well, ownership by the association opened the school to political interference, a reality that was not lost on Nugent and the Council on Education, who encouraged a reorganization. In order to distance the college from the TCC Alumni Association, the non-profit Texas Chiropractic College Foundation, Inc. was established in 1955 to serve as the policy-setting board for the school. Dr. Russell served as the first vice president of this body. In October 1960, when Dr. Hearn resigned from the board, Jim was elected president of the Foundation and would continue



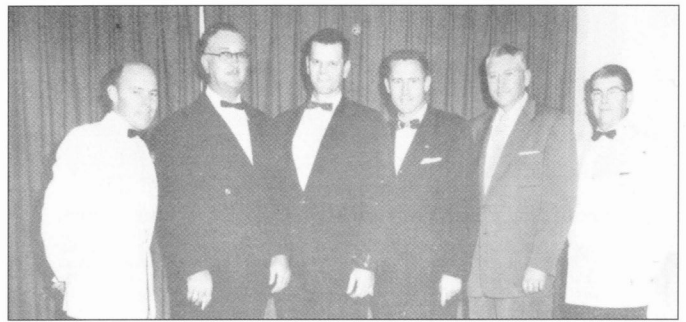
Matt Cooley, D.V.M., awards "Outstanding Citizen of Brazosport" Award to James M. Russell, D.C. on 17 December 1957.



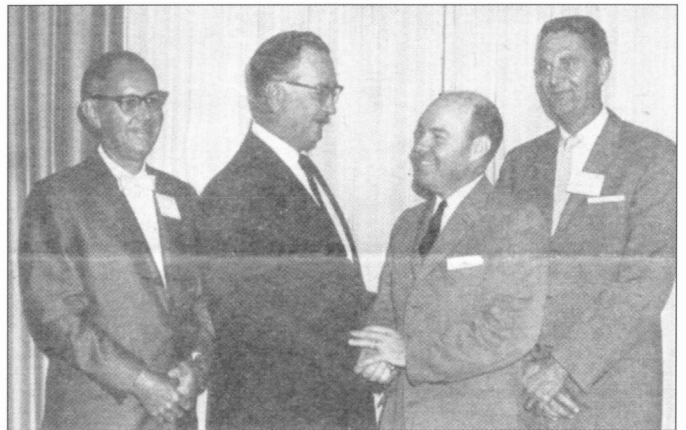
Dr. Russell and actor Victor McLaughlin, 1957 (courtesy of Dr. Russell).



Inspecting the docks in September 1957 are Frank Goldapp, Manager of Brazos Harbor, Freeport, Texas, Sammie C. Russell and James M. Russell, D.C., mayor of Freeport (courtesy of Dr. Russell).



Members of the first board of the Texas Chiropractic College Foundation, Inc.; left to right are: Drs. James Russell, vice president; Edward B. Hearn, president; Carl N. Matthews, secretary; and members Otis F. Thomas, Roy Logan and A.A. Davenport. Not pictured are member Drs. H.H. Kennedy and M.E. Garrett (from the November 1955 issue of the TCC News Letter).



Left to right are: Drs. W.R. Towery, board member; E.B. Hearn, outgoing president; James Russell, incoming president, and Howard V. Pierce, board member; from the October 1960 issue of the TCC News.

in this role until August 1977. He viewed this service as "my opportunity to repay Chiropractic... for the many blessings it has extended to me" (9).

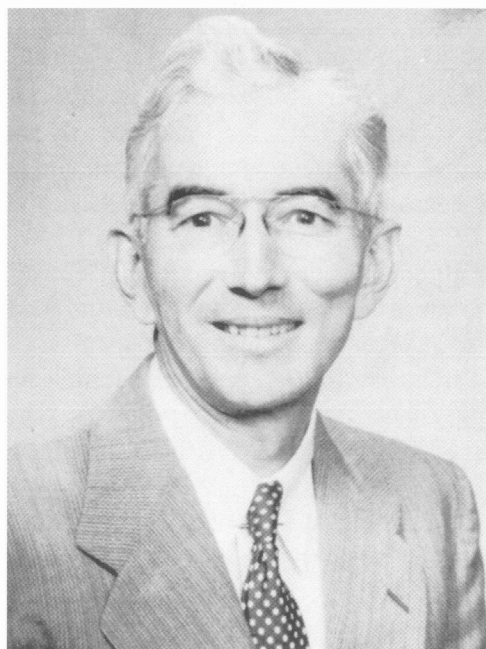
These would be difficult years for the profession and the Texas Chiropractic College. Issue after issue of the College periodical pleaded with alumni to donate money and send students. Dr. Russell recalls:

Texas Chiropractic College became a non-profit institution in 1948 when the Alumni Association purchased the college from Drs. Drain, Weiser and Loftin. This was the first necessary step in the long road toward federal accreditation, which the college felt was essential if it were to survive the demands of society in the years ahead. At this particular time the college was heavily in debt, the physical properties were in very poor condition, the student enrollment was down and the alumni showed very little inclination to support the

school financially. In brief, the college showed very little survival potential and in fact was really bankrupt financially, as our liabilities were in excess of \$95,000.00 and we had assets of little over \$45,000.00 (10).



Dr. Julius Troilo, dean (later president) and CEO of the TCC from 1951 to 1965.

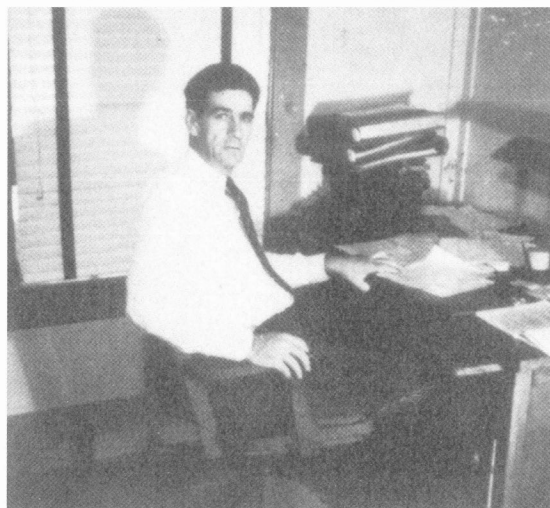


William D. Harper, M.S., D.C. joined the TCC faculty in 1949 and was named assistant dean in 1961.

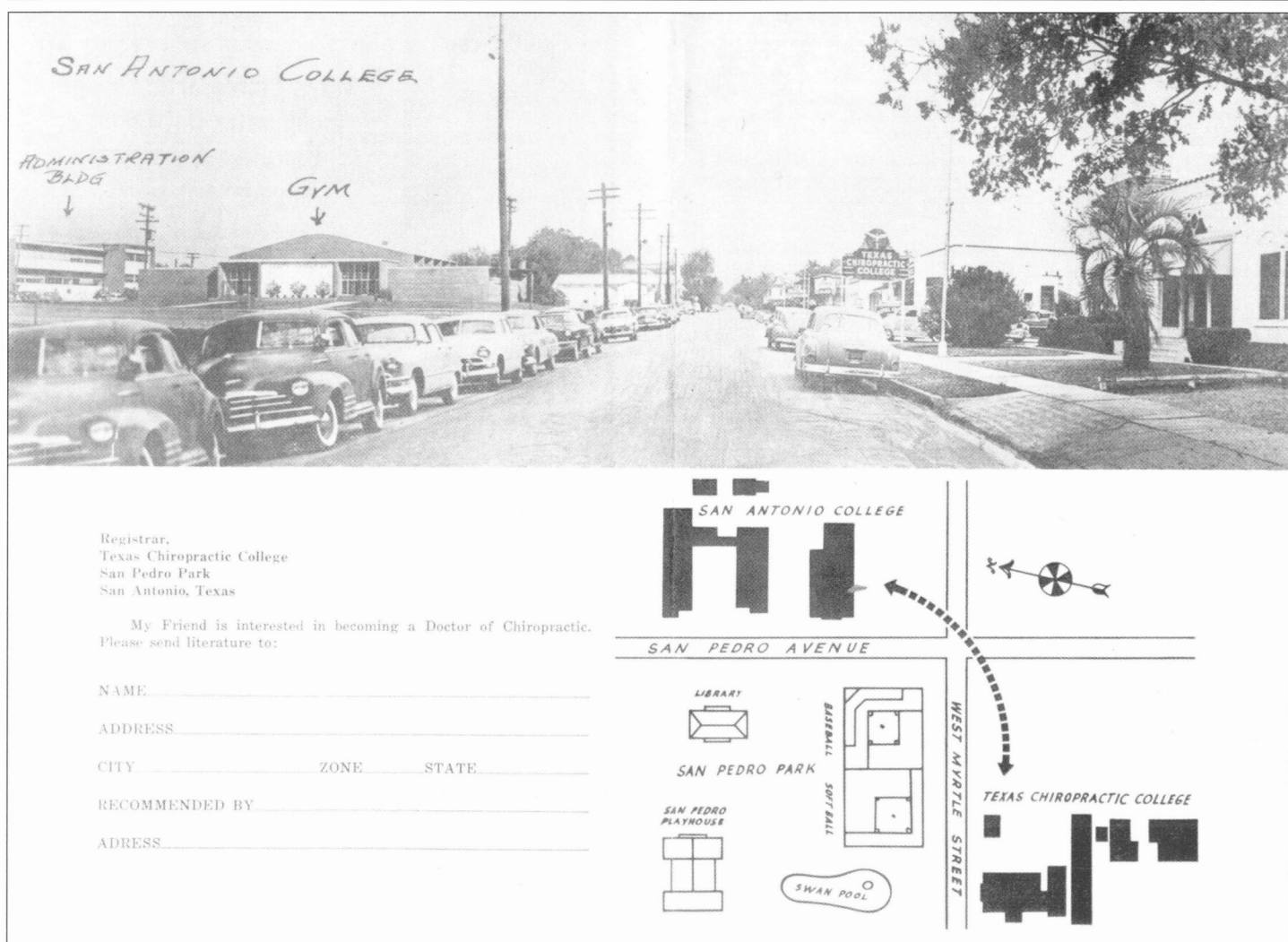
Much of the burden would fall upon Jim Russell and the chief executive officer (CEO) of the college, Julius Troilo, B.A., D.C. The aging campus of the TCC, in use since 1927 but not yet owned by the institution, grew increasingly inadequate for college operations and taxed the tuition-driven school to its financial limits. The governing board, alumni association officers and senior administrators cajoled and pleaded for alumni support. Small sums were acquired from the Foundation for Accredited Chiropractic Education (FACE; precursor of today's FCER) as "grants-in-aid" to facilitate student recruitment and to upgrade very low faculty pay scales.

Complicating matters were the unique provisions of the Texas chiropractic statute. Passed in 1949 along with a basic science statute, the laws required that D.C.s complete two years of "preprofessional" college training in addition to the four years of instruction in chiropractic. Several of the NCA-affiliated chiropractic colleges were making voluntary (but unsuccessful) efforts to require one or two years of liberal arts college as an admissions requirement (e.g., LACC, National, Western States), but reversed these policies when competition from the ICA schools seriously depleted new enrollments. However, there was nothing optional about this stipulation in Texas.

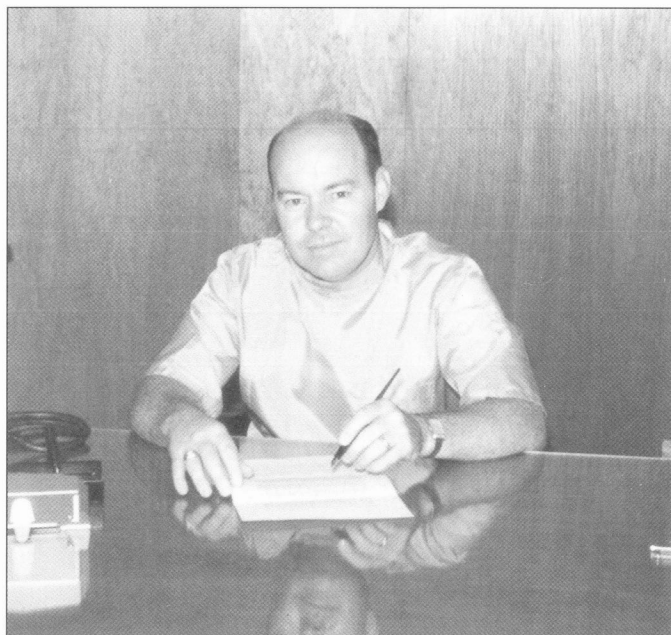
To meet Texas' legal requirement, the TCC implemented a unique educational articulation with the nearby San Antonio (Junior) College. Class schedules were arranged at both schools to permit TCC students with no prior college training to take their preprofessional requirements concurrent with their chiropractic studies, and complete both an Associate of Arts (A.A.) and chiropractic doctorate (D.C.) in forty months. Orchestrated by Dr. Troilo and his predecessor as dean, Ben L. Parker, M.A., D.C., an arrangement was struck with Texas' basic science board that permitted graduates to bypass the



Dr. Ben Parker, dean of the Texas College, 1949-1951.



Campuses of the San Antonio College and the Texas Chiropractic College from the December 1952 issue of the TCC News.



Dr. Jim Russell in his clinic, 1959.

basic science tests if they earned an average grade of 75 percent in their preprofessional courses (11). The arrangement put TCC in the vanguard of educational reform within the profession and made its graduates eligible for licensure in most if not all American jurisdictions.

Russell recognized, however, that TCC would never be able to meet the emerging requirements for federally recognized accreditation so long as its fiscal situation remained so bleak. In 1965 the San Antonio campus was sold and all debts finally paid, leaving the school a net worth of \$25,000 (12). With the assistance of Jodie Baier, D.C. and E.O. Fields, D.C., a new campus was purchased in Pasadena, Texas (13). Dr. Baier co-signed a mortgage for the property (14).

A loan of \$50,000 was secured from the American Chiropractic Association (ACA) to refurbish the former Pasadena country club that would be TCC's new home (15). The college also gratefully acknowledged the sev-



"Dr. Arthur M. Schierholz (center, right) ACA executive director, presents a \$13,000 grant-in-aid check from the Foundation for Chiropractic Education to Dr. Julius Troilo (center, left) president of Texas Chiropractic College. The occasion was the combined home-coming and new building dedication ceremonies at Pasadena, Texas. Others pictured are: (left to right) Drs. Jim Russell, president, TCC Board of Regents; Dr. Wm. D. Harper, dean; Devere Biser, ACA governor, district six; Dr. John A. Fisher, ACA director of education; Dr. Gerald M. Brassard, ACA Texas state delegate"; from the ACA Journal for October 1965 (photo courtesy of James M. Russell, D.C.).

eral fund-raising dinners featuring James W. Parker, D.C. of Dallas (16). Arrangements were made with nearby San Jacinto College in Pasadena to perpetuate the 40-month A.A./D.C. program initiated with San Antonio College (17).

The Pasadena Adventure

Texas College's relocation to Pasadena was also the occasion of Dr. Troilo's retirement and the appointment of Dr. Harper as the school's new president. A close relationship developed between Drs. Harper and Russell, cemented in part by the latter's admiration for Harper's book, *Anything Can Cause Anything* (19). The volume drew praise from several members of the profession (20), and became the focus of Dr. Harper's courtroom testimony in the England case in Louisiana (21).

During the next decade, Harper and Russell struggled to build the financial assets of the institution. Ambitious plans to expand the physical plant were announced in 1967 (22), although new construction could only keep pace with the generosity of alumni. Dr. Russell later recalled that

With conditions at the college steadily improving each year since our move in 1965, both financially and increases in the student body, it



"Dr. J.R. Baier, chairman of the Building Committee, cuts the ribbon at the dedication ceremonies. Mr. John Digings (right), vice-pres. of the San Jacinto Bank; and Mr. Gene Alexander, vice-pres. of the First Pasadena State Bank are holding the ribbons"; from the ACA Journal for November 1965.

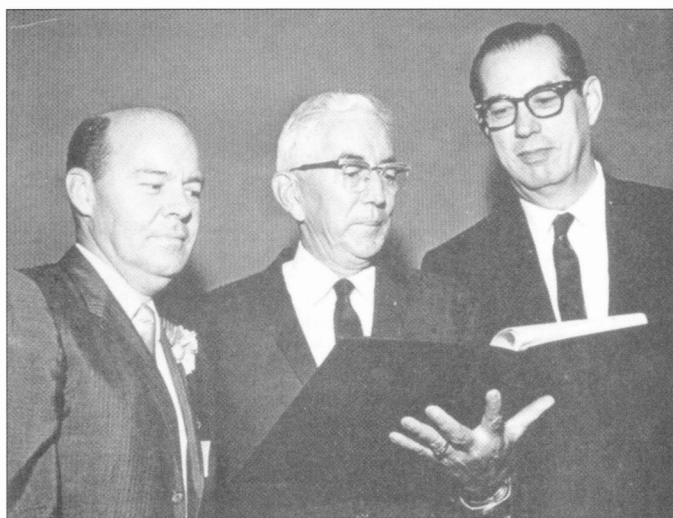


"Dr. O.W. Marcom, Dean of San Jacinto College speaks of the cooperative program between his institution and Texas College" (18).

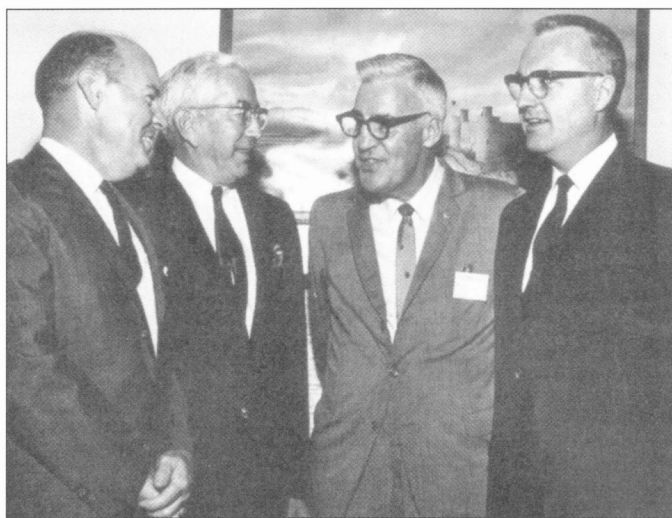
was necessary to build a new public clinic and a research facility so the beautiful William D. Harper Clinic and Research Center was completed in 1974 and named in honor of Dr. William D. Harper, the sixth President of TCC, who had done so much during his presidency from 1965 to 1977, to insure the survival of this great institution.

As the growth of the college continued, it was again necessary to enlarge our facilities once again, so another building was constructed containing an auditorium-cafeteria, library, bookstore on the first floor and a student lounge, two labs and two classrooms on the second floor. The building was completed in January 1978 and was named the James M. Russell Education Center. I shall not attempt to explain the feeling I have each time I think of this great honor which the Board of Regents bestowed on me (23).

The College dedicated its William David Harper Clinic and Research Building in April 1974 (25) and, as



Drs. James Russell, chairman of the TCC Board of Regents; William Harper, college president; and John Fisher, Director of Education for the ACA, 1966.



Seen during the TCC's 42nd annual homecoming in 1967 are, left to right: Drs. Jim Russell, William Harper, TCC board member E.F. Christie and homecoming speaker Ronald J. Watkins.



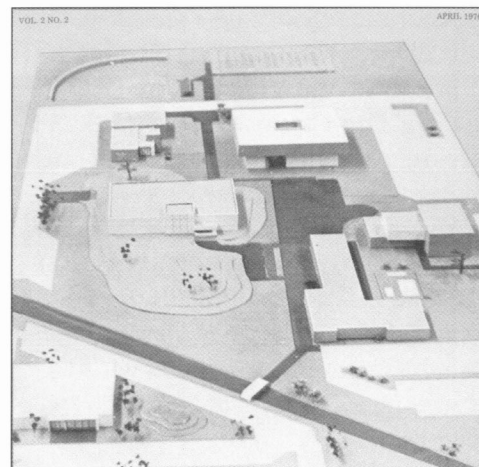
Groundbreaking for a new building at TCC on 18 September 1968.



William D. Harper Clinic and Research Building, 1974.



Board chairman Jim Russell (right) makes award to TCC president Bill Harper at the dedication of the Harper Clinic, 1974.



Artist's conception of campus development, from the TCC Review for April 1976.

Table 1: Members of the board of regents, administration and faculty of the Texas Chiropractic College, 1976 (based on 24)

Board of Regents

James M. Russell, D.C., *Chairman*
Albert T. Miles, D.C., *Vice-Chairman*
Homer H. Utz, D.C., *Secretary*
Monroe Cobb, D.C., *Asst. Secretary*
L.R. Elsik, D.C.
E.O. Fields, D.C.
D.G. McDonald, D.C.
J.R. McMurray, D.C.
Otis F. Thomas, D.C.
W.H. Wakeman

Administration

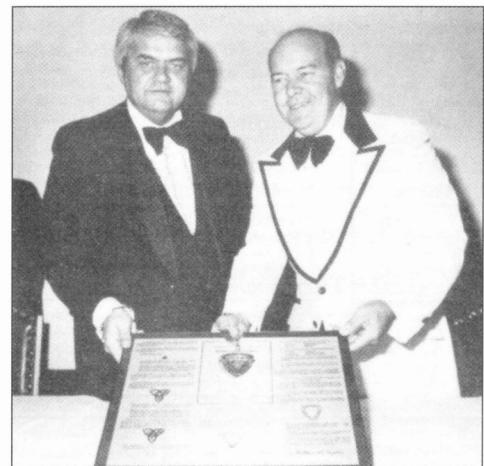
William D. Harper, M.S., D.C., *President*
John B. Barfoot, B.A., D.C., *Vice-President*
David P. Mohle, M.Ed., D.C., *Dean*
John M. Nash, B.S., D.C., *Dean of Students*
D.D. Prouse, B.S., D.C., *Clinic Director*
L.W. Vyner, LL.B., *Consultant*
N.E. Lorino, B.S., *Business Manager*

Faculty

William D. Harper, M.S., D.C., *Head of Dept. of Chiropractic*
John B. Barfoot, B.A., D.C.
David P. Mohle, M.Ed., D.C., *Head of Dept. of Clinical Science*
John M. Nash, B.S., D.C.
Darrell D. Prouse, B.S., D.C., *Clinic Director*
Louis W. Vyner, LL.B., *Consultant*
N.E. Lorino, B.S.
P.L. Charles, D.C., *Assistant Clinic Director*
K.L. Hammel, D.C.
R.F. Kettmann, B.S., D.C.
D.V. Ramby, D.C., D.A.C.B.R., *Head of Dept. of Roentgenology*
F.L. Rudeseal, M.S.
Ronald L. Slaughter, M.S., D.C.
D.C. Tweed, Ph.D., D.C., *Head of Dept. of Basic Science & Research*



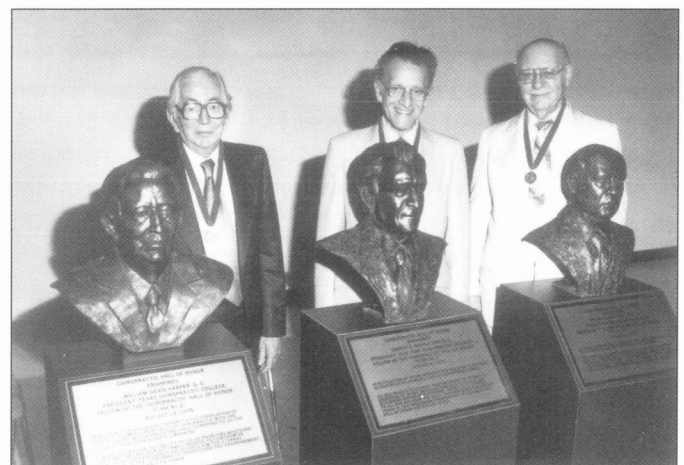
Dr. Russell places the Science of Existence Medallion, which accompanies the Award, on Dr. John Miller, representing the Palmer College of Chiropractic in the acceptance of the award in honor and memory of Dr. D.D. Palmer. Drs. William and Bobbie Harper are in the foreground"; from the TCC Review for October 1976.



Dr. Miller accepts the W.D. Harper Science of Existence Award which accompanied enshrinement in the Hall of Honor.



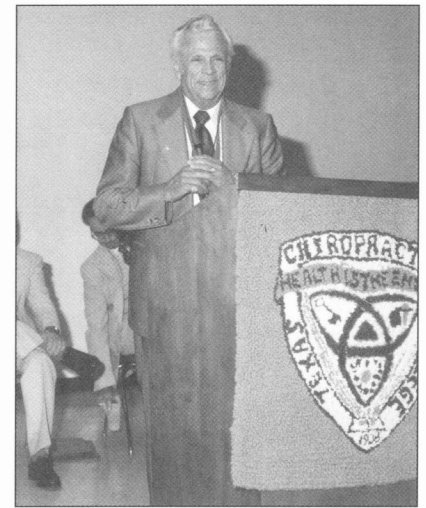
Dr. James Russell, presented a grandfather clock to the college as a fund-raising project... he had made the clock himself (29).



Honorees at TCC's Hall of Honor, 1978: Drs. William D. Harper, Ernest G. Napolitano and Major B. DeJarnette.



Palmera Drain, D.C., bust of her father, James R. Drain, D.C., and James C. Drain, D.C. receiving medal accompanying the bust and enshrinement in the Hall of Honor from Dr. Russell at Texas Chiropractic College, 1980.



James C. Drain, D.C. addresses Texas College homecoming in 1980 (courtesy of James C. Drain, D.C.).



Members of the Carver family gather during enshrinement of Willard Carver, LL.B., D.C. in TCC's Hall of Honor, 1984 (courtesy of Tom Lawrence, D.C.).



Waiting for the unveiling of busts of Drs. Willard Carver, William Coggins and Joseph Janse at TCC in 1984 (courtesy of Tom Lawrence, D.C.).

enrollments picked up (26), made plans for further expansion. A faculty of fourteen full and part-time instructors was in place by 1976 (see Table 1). Then in his sixteenth year as chairman of TCC's governing board, Dr. Russell's sense of history came to the fore, when he persuaded the regents to establish a Hall of Honor for chiropractic pioneers on the TCC campus (27). Russell credited Bobbie Rogers Harper, D.C., wife of TCC's president, with conceiving the idea (28); but the impetus and continuing supervision of the project was the chairman's. The first two chiropractors to be "enshrined" were D.D. Palmer and Dr. William Harper, who had recently retired. The Hall of Honor program included casting of busts for each of those honored. John L. Miller, D.C., then vice president of Palmer College of Chiropractic, accepted the first award on behalf of the

profession's founder. Dr. Russell stepped down as chairman of the board of regents in 1977 and resigned his board membership in 1985; however, he continued to serve as chairman of the committee which oversaw the Hall of Honor for a number of years to come.

Among Dr. Russell's final major initiatives as chairman of the board was the erection of a "new educational building" ([30], [31]). Dedicated in January 1978 under the chairmanship of Homer Utz, D.C. (Dr. Russell's successor) and college president Johnny Baxter Barfoot, D.C. (Dr. Harper's successor), the occasion would bring a special honor to the college's longest serving board member:

This day, January 14, 1978 is another significant day in the history of the Texas Chiropractic College in that we are dedicating

this education facility in honor of a man that has earned the honor many times over the past twenty-two (22) years as a member of the Board of Regents, in which seventeen (17) of those years were served as Board Chairman.

The years of service are minor in consideration of other contributions made in the advancement of the Texas Chiropractic College.

James M. Russell was elected to the Board of Regents in 1955. His ability as a leader and businessman was recognized by other members of the Board and in 1960 was elected Chairman and remained in that position until his resignation from the Chair in August 1977.

In times of financial stress Dr. Russell would be the first to come forward and lead the way for others to follow. He has given up an untold number of office hours to attend to college business affairs on-campus as well as off-campus in cities throughout the United States without remuneration. His devotion to the Texas Chiropractic College and its educational program led the way for the college to achieve accreditation status in the Council on Chiropractic Education in 1971. He has continued to support the college to upgrade its facilities and to maintain the status of accreditation that is enjoyed by only four of the thirteen chiropractic colleges today.

There are few men in our profession that are as dedicated to an educational institution as Dr. James M. Russell. We at the Texas Chiropractic College are honored to have such a man in our midst that has given unselfishly of his time and financial support seeking nothing in return but the satisfaction of having an institution with stability that graduates competent doctors of chiropractic.

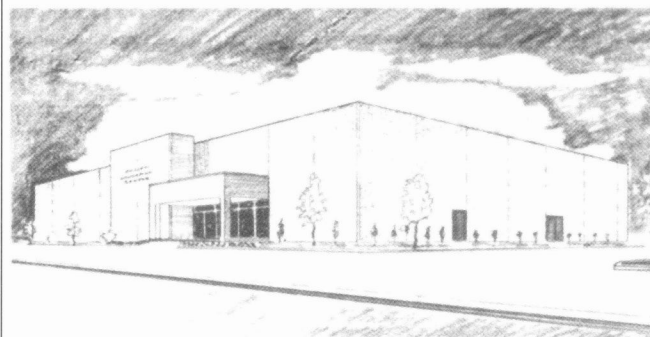
Because of these and other contributions to the Texas Chiropractic College the Board of Regents took this opportunity to honor a truly great humanitarian, James M. Russell.

J.B. Barfoot, B.A., D.C., F.I.C.C.
President, Texas Chiropractic College (32).

DEDICATION OF RUSSELL EDUCATION CENTER



Saturday Afternoon,
January Fourteenth, Nineteen Hundred and Seventy-Eight
Two O'Clock



Texas Chiropractic College • 5912 Spencer Hwy.
Pasadena, Texas

Cover of dedication program for the TCC's newest building, 1978.

The accolades for Dr. Jim Russell would not end at his alma mater. In August 1978 the Texas Chiropractic Association named him its "Chiropractor of the Year," and with it awarded its highest honor, the Keeler Plaque:

A long standing ovation was given Dr. James Russell, the 1978 recipient of the coveted "Keeler Plaque," the "Chiropractor of the Year" award at the recent Texas Chiropractic Association's 63rd annual convention. A great surge of pride, respect and love flowed through the huge banquet room filled with doctors and their wives ecstatic with the selection of Dr. James Russell for the highest honor granted a doctor by the association...

Dr. Russell is a person of great caliber and intellectual ability possessing extraordinary



Russell family with the bust of Dr. Jim which accompanied the dedication of the new Russell Education Center, 1978.



Dr. J.B. and Mrs. Barfoot with Dr. Russell and Mrs. Sammie Russell with clock donated by Dr. Russell during dedication of Russell Building (courtesy of James M. Russell, D.C.).

capacity for leadership, creativity, planning, directing, and bringing almost impossibly high goals to successful fruition. Dr. Russell possesses that rare quality of a visionary who is capable of converting ultimate goals of great magnitude into realities. This was evidenced in his serving on the Board of Regents of the Texas Chiropractic College for 20 years, 18 years as Chairman of the Board. Dr. Russell worked with the college from the time when it was located in San Antonio with few students, large debts and inadequate facilities. Dr. Russell sees nothing but success and a bright future for the Texas college today and in the future, and credits the success to the dedication of the many fine doctors such as the late Dr. Julius Troilo, his successor Dr. William D. Harper, Dr. E.O. Fields and the late Dr. Jody Baier of Houston, the Board of Regents and doctors who were responsible for all the changes made all the way from the college ownership by Drs. Drain, Weiser and Loftin to the present day. However, his colleagues feel that without the firm guiding hand of this determined, positive and dynamic person forging ahead with well calculated albeit realistic and ambitious long term plans and the capability of communicating with and working well with persons connected with education, finance, and construction, the college could not have attained its present status. As chairman of the Board of Regents, his services were

invaluable when the college moved from San Antonio to its new facilities in Pasadena, when a program was established at the Pasadena Jr. College similar to the one with San Jacinto Jr. College in San Antonio, when the college curriculum was continually upgraded, revision of faculty standards was made, remodeling of the facilities, building the new student clinic, more land purchased for expansion, and the new public clinic and research center built and named the William D. Harper Clinic and Research Center. Full accreditation of the college by the office of education of H.E.W. was accomplished in 1973. The new education center which includes a new and larger library, a book store, lab space, two classrooms and an auditorium-cafeteria with a 500 seating capacity was completed in January 1978 and named the James M. Russell Student Education Center. A new dissection building was started in April of 1978.

Dr. Russell was... named "Outstanding Citizen" of Brazosport in 1957 by the Chamber of Commerce for the work he did in the two cities plus improving the structure of the Brazos Harbor Navigation Board of Commissioners from three to seven members. A special Chamber of Commerce Committee to locate a marine facility similar to Sea-Arama in Galveston was another achievement. Dr. Russell has been president of the Freeport



Dr. Jim Russell accepts the TCA's Keeler Plaque from Bob Glaze, D.C., 1978.

Kiwanis Club, and has served as chairman of the Freeport Urban Renewal Agency.

Dr. Russell has been a member of the Texas Chiropractic Association since graduation from Texas Chiropractic College. He is a charter member of the American Chiropractic Association and a Fellow of the International College of Chiropractors (33).

Dr. Russell took the occasion to reflect on what he considered the most important achievements on behalf of his alma mater:

At this writing, the total physical assets of the college are valued at \$2,500,000.00 with liabilities of \$800,000.00. This is a far cry from the \$25,000.00 assets the college had when it moved to Pasadena in 1965. The student body this September 1978 will be about 330 stu-

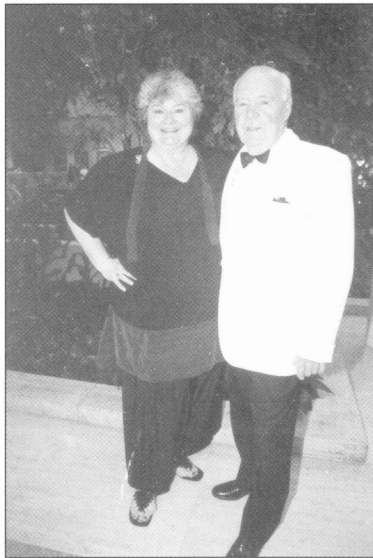


Pictured at the seminal meeting of the AHC are, seated (left to right): Cheri Fisher-Alexander, D.C.; William S. Rehm, D.C.; Eleonore Blaurock-Busch; Vi Nickson, D.C.; standing (left to right): Russell Gibbons; James Ransom, D.C.; James Russell, D.C.; Joseph Maynard, D.C.; Vern Gielow; Herbert K. Lee, D.C.

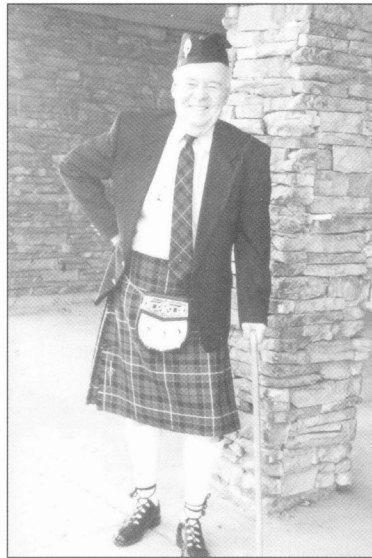


Founders of the AHC, 1980; from the first issue of Chiropractic History, 1981.

dents compared to 65 students in 1965. In addition to the above, the greatest accomplishment of all was that with all of the above, we were able to obtain full accredited status from the Office of Education of H.E.W. and we are one of only four chiropractic colleges to attain this goal at this date (34).



Cynthia and Jim Russell, 2003 (courtesy of Dr. Russell).



Dr. Russell during a visit to Scotland in the 1990s.



AHC president Arthur Lensgraf, D.C. and AHC co-founder Jim Russell, D.C. enjoy a toast during the Association's 25th anniversary conference, 2005.

The History Buff

Jim's interest in chiropractic history, as manifest in his creation of TCC's Hall of Honor, soon took him in a new direction: back to Spears Hospital in Denver for the founding meeting of the Association for the History of Chiropractic (AHC). Called by William Rehm, D.C. of Baltimore, the gathering included chiropractors and interested others who met in October 1980 to establish the non-profit membership society (35).

Jim retired from practice in 1985; his wife Sammie passed away in May 1990. In June 1991 he married a longtime friend and former patient, Cynthia Sanders; and the couple moved to southern California so that she might pursue her interests in acting. Later that year they purchased a three-story, hilltop home in Los Angeles and converted it into a bed and breakfast which they operated for fifteen years. Current plans call for sale of the California home and a return to Texas.

Dr. Russell did not remain in touch with the AHC through the years. However, the Association was pleased to celebrate his return and to recognize his founding contribution during the twenty-fifth annual Conference on Chiropractic History held on the campus of the Southern California University of Health Sciences (LACC) in June 2005. This writer has had the pleasure of many interviews with Dr. Russell in connection with the preparation of a history of the TCC, and his input has been invaluable in assembling the pieces to the nearly hundred-year saga of his alma mater.

We thank you, Dr. Russell, for your many years of

devoted service and look forward to seeing you at many more history conferences.

Acknowledgments

I wish to thank Dr. James C. Drain, the late Dr. Tom Lawrence, Dr. Jim and Cynthia Russell and the Texas Chiropractic College for their input, and the National Institute of Chiropractic Research for its financial support of this project. This paper is based in part on a presentation at the twenty-fifth annual Conference on Chiropractic History, June 2005 at the Southern California University of Health Sciences.



Dr. Jim Russell, circa 1980.

REFERENCES:

1. James M. Russell, autobiographical sketch (unpublished) summer, 1978.
2. _____, autobiographical sketch (n.1).
3. _____, autobiographical sketch (n.1).
4. Joseph C. Keating, Jr. and Robert D. Davison, "That 'Down in Dixie' School: Texas Chiropractic College Between the Wars," *Chiropractic History*, 1997, 17(1): 17-35.
5. Russell, autobiographical sketch (n.1).
6. Leo Spears, letter to James M. Russell, D.C., 26 July 1948 (from collected papers of James Russell).
7. Russell, autobiographical sketch (n.1).
8. _____, autobiographical sketch (n.1).
9. _____, autobiographical sketch (n.1).
10. _____, autobiographical sketch (n.1).
11. TCC Neighbor Adds Basic Science Courses," *Texas Chiropractor*, 1952, 10(1): 7, 23.
12. Russell, autobiographical sketch (n.1).
13. _____, autobiographical sketch (n.1).
14. _____, e-mail to author, 11 September 2005.
15. "College Reports: Texas College," *Digest Chiropractic Economics*, 1965, 7(5): 29.
16. "College Reports" (n.15).
17. James Gunion, "Texas Chiropractic College Dedicated," *ACA Journal of Chiropractic*, 1965, 2(11): 29, 52.
18. _____, "Texas Chiropractic" (n.17).
19. William D. Harper, *Anything Can Cause Anything*, (Seabrook, Texas, 1964).
20. Devere Biser, "Book Review," *ACA Journal of Chiropractic*, 1965, 2(3): 43, 52.
21. Paul J. Adams, "Trial of the England Case," *ACA Journal of Chiropractic*, 1965, 2(5): 13, 44.
22. "TCC Homecomers Hear \$2,000,000 Expansion Plans," *Texas Chiropractor*, 1967, 25(1): 14, 15.
23. Russell, autobiographical sketch (n.1).
24. Louis W. Vyner, "T.C.C. Pictorial Tour," *TCC Review*, 1976, 2(2): 9-21.
25. "Progress at Texas College," *Digest Chiropractic Economics*, 1974, 16(6): 74.
26. John B. Barfoot, "On Campus," *TCC Review*, 1976, 2(1): 11-12.
27. James M. Russell, letter to James C. Drain, D.C., 9 October 1980 (collected papers of James Russell).
28. _____, "Chiropractic Hall of Fame," *TCC Review*, 1976, 2(5): 16.
29. "Grandfather Clock Raffle for TCC," *TCC Review*, 1976, 2(5): 22.
30. Barfoot, "On Campus" (n.26).
31. Russell, "Chiropractic Hall" (n.28).
32. J.B. Barfoot, D.C., quoted in *Dedication Program for Russell Education Center at Texas Chiropractic College*, 14 January 1978 (brochure).
33. "Highest Honor," *TCC Review*, 1978, 4(4): 12.
34. Russell, autobiographical sketch (n.1).
35. "Chiropractic Historical Society Formed in Denver," *Digest of Chiropractic Economics*, 1980, 23(3): 4.